

KITCHEN EQUIVALENT CONVERSIONS CHART FOR JUST RIGHT RECIPES

Just Right Kitchen Equivalent Conversions Chart For Recipes

U.S.		Metric	
1 tsp	=	3 tbsp	1 tsp = 5 ml
4 tbsp	=	1/4 cup	1 tbsp = 20 ml
8 tbsp	=	1/2 cup	1/4 cup = 71 ml
5 tbsp + 1 tsp	=	1/3 cup	1/3 cup = 95 ml
12 tbsp	=	3/4 cup	1/2 cup = 142 ml
1 cup	=	8 fl oz	3/4 cup = 213 ml
2 cups	=	1 pint	1 cup = 284 ml
4 cups	=	1 quart	1 pint (2 cups) = 568 ml
16 oz	=	1 pound	1 quart (4 cups) = 1 L

Download the printable Just Right Kitchen Equivalent Conversions Chart at recipeinprogress.com.

This kitchen equivalent conversions chart will helpful with cooking up your favorite recipes. Feel free to get in touch if you have suggestions, additions or find mistakes.